



Equipment Checklist

Campers Equipment: (must bring)

Clothing:

- Hiking boots
- Heavy wool socks (3 pair)
- Wool or fleece pants
- Shorts (2 pair - long, mid-thigh length)
- Swim Suit
- Underwear (2-3 pair)
- Long underwear (top & bottom)
- T-shirts (2)
- Long-sleeved shirt
- Fleece Jacket
- Beanie
- fleece gloves or mittens (ski gloves OK)
- Ball cap
- Camp shoe- (sandals or old tennis shoe)
(Crocs and chacos are great!)

Personal/ must bring

- Any needed personal medication
- Glasses & contacts (extras if possible)
- SPF chapstick (not Carmex)
- Sunblock (at least SPF 15)
- Toothbrush & paste
- Bug Repellent
- Sanitary Napkins (women)

Equipment/ must bring

- Sunglasses
- Flashlight/ headlamp
- Extra batteries
- Small Bible
- Journal & Pens

Optional Gear:

- Down jacket/vest (highly recommended)
- Bandannas
- Wind pants
- Camera
- Wet Wipes
- Biodegradable soap
- Small towel

Camper Equipment/ Rental Gear (Campers must have or need to rent- \$25/week)

- Backpack (4000+ cubic inches)
- Pack rain cover
- Down or synthetic bag (20° to -10°)
- Stuff Sack

- Sleeping pad (Ensolite, Thermo-rest)
- 2 Nalgene
- Rain Jacket
- Cup/bowl/spoon

We provide if needed at no charge

- Whistle
- Helmet

- Crazy Creek (camp chair)

