

DISCIPLESHIP

GROWING TOGETHER IN GOD

Antioch Community Church Fort Collins

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Thanks for picking up this discipleship handbook! We're so excited you're interested in participating in Antioch's vision for discipleship! In this booklet you'll find vision, structure, models, and action steps for developing your life as a disciple of Jesus in this community.

This booklet was designed to equip disciplers. As such, it talks directly to disciplers. If you're not in discipleship at Antioch yet we'd like to give you a heads up on getting involved:

1. Getting into Discipleship at Antioch

If you've heard about discipleship and want to be discipled, we'd love to first invite you to Life Group. We initiate discipleship relationships from our small groups. We encourage individuals getting to know Antioch to start attending a Life Group and then to ask your Life Group leader to help you find someone to disciple you.

2. Discipling Others at Antioch

As you've encountered discipleship language at Antioch you may want to invest your life in other people through leading discipleship. We believe everyone who's discipling should first be discipled. So, if you aren't yet being discipled, we encourage you to start with that step and then begin reaching out to invest in discipling others.

No matter where you're at in the process, you're invited to check out the discipleship vision here at Antioch!

-- Antioch Community Church Staff

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WHY DISCIPLESHIP?

No athlete would consider going to the Olympics without a coach. The other athletes would look at them like they're foolish for not having a coach. The truth of the matter is, no matter how good of an athlete they are, they can't watch themselves perform. Even if they watch footage of themselves, their perspective is limited by their own experience and abilities. If they're honest with themselves, and with their desire for excellence in their sport, they'll invite someone to coach them.

When an athlete asks someone to be their coach, they're not looking for someone who can outperform them in their own sport. They're looking for someone to walk with them and give them feedback on the way they're performing. They're not looking for a coach who's the perfect basketball player, they're looking for someone who knows basketball and can help them become a better basketball player. They're looking for someone who will invest in their game-play and help them excel.

While discipleship isn't coaching, the motivation is similar. If I'm serious about having a life of faith full of impact and value, I need a coach. I need someone who can walk with me and lead me to follow the perfect coach, Jesus. My coach doesn't have to be perfect, they just need to point me to Jesus!

The Apostle Paul said it best: *"Imitate me as I imitate Christ."* (1 Corinthians 11:1) He indicated disciples need someone they can learn from while looking beyond the discipler toward Jesus!

VISION

*"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. **Therefore go and make disciples of all nations**, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'"*

Matthew 28:18-20 NIV

Among Jesus' most famous words is his command to "go and make disciples of all nations." He spoke this to a group of his most intimate followers and friends. Jesus had called them to himself, inviting them to first come and see and then to come and follow. He had lived among them, showing them how to walk with God, then he asked them to reproduce what they experienced with him. He invited them to become disciples who make disciples, inviting others into the journey of transformation through loving and obeying Jesus.

The essence of discipleship is to love and obey Jesus; to be with him and to be like him. Being with him requires commitment, relationship, and pursuit. It's connecting with him and following where he goes. Discipleship is a purposeful pursuit of Christ with the goal of becoming like him.

Discipleship is Jesus' purposeful strategy to reach the ends of the earth with the Gospel. If you were able to disciple 100,000 new people every month you wouldn't even be able to keep up with global population growth. However, Jesus didn't do it that way. He discipled 12 people and focused on three who then practiced with other people what Jesus taught them. If you discipled three people who, after one year of discipleship, discipled three people committed to the same generational discipleship model, your discipleship tree would reach 10 billion people in 22 years. We would completely fulfill the Great Commission!

DISCIPLESHIP IS:

Let's unravel some misconceptions!

- Biblically-based

We find out who Jesus is and what he's like by reading God's word together!

- Invitation

Choosing discipleship invites someone to lead you in your pursuit of Jesus!

- Shepherding

Discipleship invites someone to care for and watch over you. It encourages, supports, listens, and comforts you. It provides correction, teaching, and guidance toward Jesus and his purposes.

- Intentional

Choosing discipleship means choosing to stop hoping you drift into relationship with Jesus. Choosing discipleship declares, "I want to pursue a Jesus-focused life!"

-Leading and Following

Discipleship means trusting someone to lead you. Sometimes that means allowing ourselves to be led to uncomfortable places we need to go, trusting it's for our best.

- Coaching

A person being coached recognizes she needs input to develop. A coach personally invests in the player's process and in the outcome.

DISCIPLESHIP IS NOT:

- Mentorship

We value experience and expertise, but a discipler doesn't have to be an expert in every area of life. The discipler just needs the humility to lead the disciple toward Jesus. The difference between mentorship and discipleship comes down to who you're trying to be like. Discipleship should reproduce Jesus more than the discipler. A mentor imprints his or her character on the follower. In discipleship we explore the Bible together as we talk about life so that we reproduce Jesus' life instead of our own.

- Just about knowing facts

Growing in Jesus means learning the truth about God. Because God is a person we need to develop beyond merely learning the facts about God into encountering the person of God! When we read the Bible, we read it for more than information. We read it because it introduces us to Jesus!

- Control

Discipleship is not about who's the discipler and who's the disciple. It's about inviting someone to speak into my life in God so I can, in turn, invest in other people's lives in God.

- Religion

Discipleship leads us into relationship with Jesus. The actions and steps of discipleship aren't the goal, they just serve to point us toward Jesus. Discipleship fuels relationship with Jesus which fuels obedience.

DISCIPLESHIP ROLES

In discipleship we commit to God and to each other to pursue transformation together. Here are some expectations we feel are important to living out this mutual commitment:

Expectations for the Disciple:

- Jesus-Focused Lifestyle
Because discipleship is about becoming like Jesus, we have to get regular time with Jesus outside of discipleship meetings. This looks like developing a personal Face Time with God. If you need help in this area, check out Antioch's Face Time booklet.
- Commitment
Commit to spending daily time with God, faithful attendance at weekly church services, life group, and discipleship meetings. When you can't uphold this commitment, you communicate with your discipler.
- Hunger, Humility, & Teachability
Desire to be transformed in discipleship, resulting in authenticity, vulnerability, humility, and teachability.
- Willingness to Give It Away
Commit to reproducing your life over time in the form of discipling others.

Expectations for the Discipler:

- Be a disciple yourself.
Commit to everything expected of a disciple.
- God-led
Commit to being led by God in leading and covering your disciple(s). You listen to both Jesus and the disciple. You share God's thoughts before sharing your own advice. You're willing to lead loving and hard conversations to challenge the disciple to grow in intimacy and obedience with Jesus!
- Humble & Accessible
You commit to approachability, vulnerability, listening, openness to feedback, and adjusting your style as needed. You pray for your disciple and make yourself available to serve them as they need help!

DISCIPLESHIP OVERVIEW

So, what does discipleship look like?

When you've identified someone to walk with, you enter into the life cycle of a discipleship relationship.

1. Define the Relationship

A discipleship relationship has clear roles and expectations. Here you identify how your discipleship relationship will look. You will clarify the details of this discipleship: Group discipleship vs. One on One, Expectations for Disciple and Discipler, how long this discipleship season will last, etc.

2. Meet regularly

Whether you meet weekly, biweekly, or monthly, the point is consistency.

3. Practice the 3E's

Keep reading as we unpack the discipleship process!

4. Make a Disciple

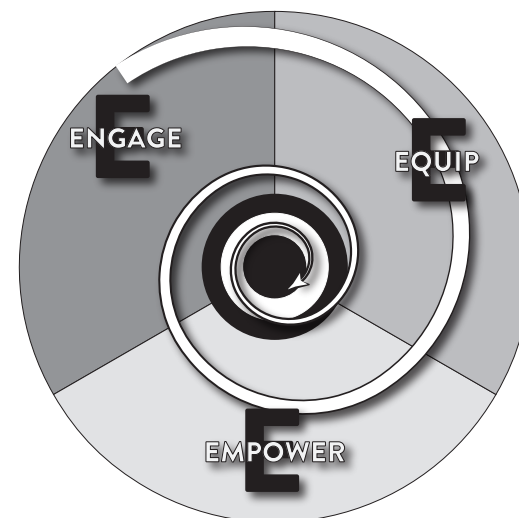
As you receive regular investment in your life in God, our hope is that you will begin looking to invest in someone else's life in God through discipling others.

THE 3E'S

The concept of discipleship can feel overwhelming.

How do you help someone grow? How do you lead people over hurdles they haven't been able to conquer by themselves? How do you, as a discipler, take a role in the work of God in the lives of your disciples? What does it mean to lead someone into encountering Jesus and responding to him?

The 3E's are our development model. They are a teaching and training method that can be used in a classroom, on the soccer field, while teaching a child to tie his shoes, and in helping people grow spiritually.



As we work out growing and responding to God in discipleship we will cyclically engage with the 3E's. We will progress inward toward healing, wholeness, freedom, and God's purposes as we practice them.

Discipleship Handbook

Let's look at them:

We'll use the example of a coach and athlete to illustrate the 3E's.

ENGAGE - The coach envisions and invites the athlete into the training process. The athlete considers and then responds to the invitation.

Coach - *"I'd love to coach you! I think with my help your performance will improve."*

Athlete - *"I'm in, what do I need to do?"*

EQUIP - The coach instructs and then models the desired skills. The athlete imitates and then internalizes the skills.

Coach - *"If you'll shorten your running strides, you'll shave a few seconds off your sprints. Let me show you. Now you try it."*

Athlete - *"I see what you did there! Let me practice!"*

EMPOWER - The coach watches the athlete practice and encourages or corrects as needed until the athlete has it down and is ready to compete. The athlete practices and adjusts based on the coaches feedback until he's ready.

Coach - *"Shorten your stride a little more. There you go!"*

Athlete - *"Does that look right? Do I need to change anything?"*

After the race the coach gives feedback and the athlete receives it.

Coach - *"Great job! If we work on your pacing, I think you can do better next time."*

Athlete - *"It felt good! I'm ready to continue training."*

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As you practice the 3E's you will find yourself leading out in the behaviors described in this table and inviting your disciples into the corresponding behaviors.

	Engage		Equip		Empower	
	Come & See	Come & Follow	I Do, You Watch	I Do, You Help	You Do, I Help	You Do, I Watch
Discipler	Invite	Envision	Model	Instruct	Coach	Delegate
Disciple	Consider	Respond	Imitate	Internalize	Apply	Excel

This process results in growth as you engage your disciples in areas of need, equip them to develop, and empower them to walk into life and wholeness!

EQUIPPING NOTE:

In discipleship we pastor, encourage, instruct, and correct. As we serve each other in discipleship we stand on the foundation of the Bible. We spend time discovering God's truth in the scriptures so that we're not leaning on our own wisdom but on God himself.

Our desire in discipleship is to point people to the Word of God as they grow in God. We want to create a discipleship culture where we respond to problems with a call to embrace God and his thoughts.

We see equipping people to understand the Bible as a gift to empower their walk with God for the rest of their lives.

"Feed a man a fish and you'll feed him for a day. Teach a man to fish and you'll feed him for a life-time."

When the Bible is our teacher we can all gather around as the community of faith and respond in obedience together.

THE 3E'S IN DISCIPLESHIP

The 3E's help us clarify the overall process of discipleship and help frame out each discipleship meeting

Let's look at applying the 3E's to discipleship:

ENGAGE

The discipler initiates, gives vision, and invites while the disciple responds and buys-in.

EQUIP

The discipler seeks to equip the disciple in specific knowledge, skill, and/or character growth areas. The disciple learns through participation, action, and reflection. Fundamentally, we find our equipping content in looking at Jesus as our equipper. Because people often learn more through discovery than through being told what to do, we choose to lead people into a process of equipping that they can own and reproduce outside of the discipleship time. This is why we read the Bible together, so that the discipler doesn't have to be an expert and so that the disciple discovers the truth of God!

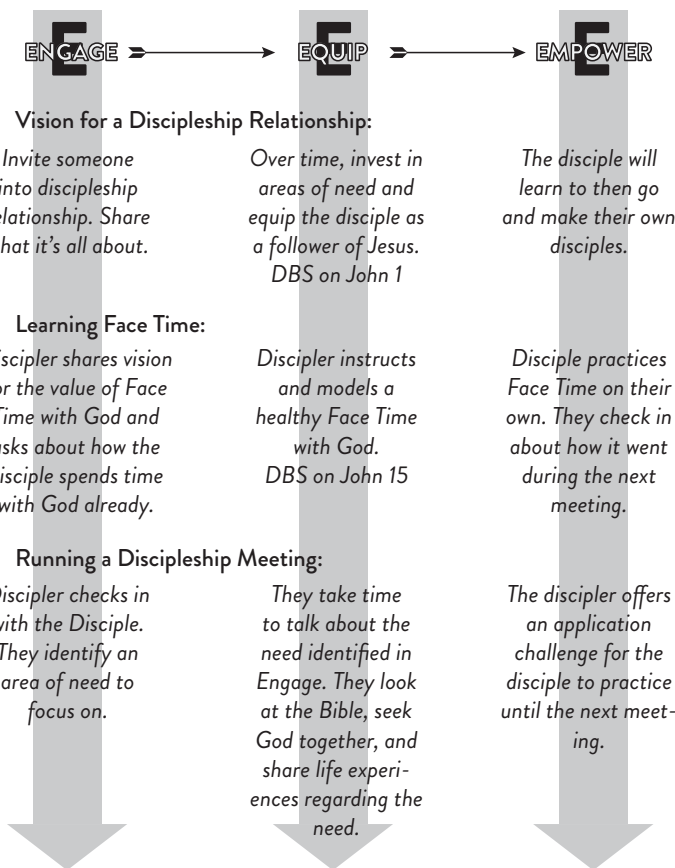
EMPOWER

The disciple practices walking in the truth of God in this area of need while being supported and encouraged by the discipler.

The 3E's give the discipler a framework to practice caring for the needs of the disciple by showing compassion and love.

3E IN ACTION

Let's take a look at how the 3E's apply to the big picture of discipleship and on a specific level.



DISCIPLESHIP MEETINGS

Example Discipleship Meeting Model:



ENGAGE:

- Connect with them, finding out about their week, the good and the bad, and how things are going in key areas of life (relationship with God, work, school, etc.)
- Encourage the disciple. Respond to what they shared, sometimes by sharing advice, sometimes by compassionate listening.
- Accountability on Empower items from the previous meeting.



EQUIP:

- Lead them to Jesus (the Word, prayer, worship, etc.) in areas of need--those areas of need will be defined by the Engage time and/or something God put on your heart to prepare.

We start with the Word of God as our guide to grow in our walk with Jesus.

Feel free to use the resources in the TOOLS section of this booklet as starting points to help you walk out growth in specific areas of need.



EMPOWER:

- Challenge them to action in response to the EQUIP content and then remember to follow up the next time you meet.
- Spend some time encouraging your disciple!

ESSENTIALS

We believe every disciple of Jesus in our church family should process through four keys areas of faith-life at the start of their discipleship journey. You'll find these four discipleship lessons in the Tools section at the back of this booklet.

FOUR BASIC LESSONS:

1. Define the Discipleship (The Value of Discipleship) (Page 22)
In this conversation you'll talk through the vision and expectations of discipleship.
2. Face Time (Page 24)
Here you'll walk through the basics of developing daily time with God.
3. Core Values (Page 26)
You'll talk through Antioch's Core Values which undergird the discipleship vision and process.
4. Discovery Bible Study (Page 28)
Finally, you'll walk through a simple approach to letting Jesus' disciple you through the Word of God!

WHAT NEXT?

You want to become a disciple:

1. Start attending a life group and ask your life group leader to help you find someone to disciple you.
2. If it takes some time to find someone to walk with you, begin to develop a lifestyle of getting daily Face Time with God.
3. Go through the Discipleship Essentials (pg. 17) with your discipler.

You want to disciple someone else:

1. Get into discipleship first.
2. Begin to ask God if there's someone in your life who you can invest in through discipleship.
3. Initiate discipleship by having a define-the-discipleship conversation.
4. Lead them through the Discipleship Essentials (Page 17).

DISCIPLESHIP CHECKLIST

As you start your discipleship relationship we recommend keeping track of where you are in the process.

Kicking Off Discipleship:

As you and your disciple(s) meet and work through the Discipleship Essentials, check them off here:

- "Define the Discipleship" Meeting
- Face Time
- Core Values
- Discovery Bible Study

I understand the vision behind discipleship and have walked through the Discipleship Essentials with my discipler. I commit to walking in discipleship for this season.

Disciple:

Date:

Discipler:

Date:

Date to assess committing to ongoing discipleship:

TOOLS FOR DISCIPLESHIP

You made it! You've covered the basics of discipleship at Antioch!

If you're looking for resources mentioned earlier, this is the section for you. Here you'll find the following resources to equip you for leading discipleship meetings.

Table of Contents:

Four Basic Lessons to kick start discipleship (Discipleship Essentials)

- Defining the Discipleship
- Face Time
- Core Values
- Discovery Bible Study

DEFINE THE DISCIPLESHIP

Basic Lesson #1

Desired Outcome:

We desire each disciple and discipler to understand the point of discipleship (intimacy with and obedience to Jesus), how discipleship functions, and their specific role in discipleship.

VISION FOR DISCIPLESHIP:

Discipleship is the building block of God's Kingdom. Jesus' strategy and plan to reach our world hinged on this tool! Jesus modeled a life of focusing on the few to impact the many.

Throughout Jesus' ministry, we see him spend his greatest investment in the 12 disciples. Within the 12 He gives special attention to three: Peter, James, and John. Even further, Jesus focuses on John. Even while Jesus engages the multitudes, his few disciples are right there beside him, getting a front row view of his transformational nature!

Read the "Vision for Discipleship" section on Page 5.

What do you think about this vision?

How do you see yourself participating in this vision?

Read "Discipleship Is" & "Discipleship Is Not" on Pages 6 & 7.

How does this vision for discipleship compare with intentional relationships you've had in the past?

What stands out to you as important?

HOW DISCIPLESHIP FUNCTIONS:

As a framework for discipleship we going to be looking at three areas of our lives every time we meet. We like to say it like this: Look up, Look in, Look out.

1. Look Up

We will look at your relationship with God. We'll ask questions about worship, prayer, faith, obedience, hearing his voice, spending time with him, and reading the Bible. We'll learn about God's character, his purposes, and how he works and moves in our lives.

2. Look in

We will look at your life. Where does your character need to grow? What motivates you to do the things you're doing? What are the things you struggle with and are tempted by?

3. Look out

How can you love those around you. Are you loving others? Are you serving others? Are you making disciples of Jesus? How can you grow in loving the people around you?

DISCIPLESHIP ROLES:

Read "Discipleship Roles" on Pages 8 & 9.

Read "Discipleship Meetings" on Page 16.

What stands out to you about the roles and structure of discipleship?
How do you think this will fulfill the vision for discipleship?

Do you have any questions?

Is this something to which you can commit?

CHALLENGE:

In preparation for our next meeting think about what you want from this discipleship season and make a list of areas in which you want to grow as a follower of Jesus!

FACE TIME

Basic Lesson #2

Desired Outcome:

The disciple will assess their current regular time with Jesus, receive input on developing their Face Times, and create a plan of action for this week's Face Times.

VISION FOR FACE TIME:

"The LORD would speak to Moses face to face, as one speaks to a friend." Exodus 33:11

Through what Jesus has done for us we have the same opportunity to meet with God face to face as Moses did.

Jesus is the ONLY source of authentic life. The life Jesus offers only comes through spending time with Him and developing an intimacy with Him. We cannot find this abundant LIFE (John 10:10) outside of God. Church, small group, and fellowship are not adequate substitutes. Life comes from our roots digging into a genuine relationship with Jesus.

ASSESSMENT:

How often and for how long do you currently spend time with Jesus?
(E.g. 15 minutes 5 out of 7 days a week.)

What do you do when you spend time with Jesus? (worship? pray? read your Bible?)

How do you feel about your current plan for time with Jesus?

What do you get out of it?

CHECKUP:

Look through the Face Time book together. (You can get one on Sunday or at <http://antiochfc.org/resources/facetime.web.pdf>)
Go over WPWP and talk about why each one is important.

What components of Face Time could you incorporate into your times with God?

CHALLENGE:

Can you commit you having Face Time with God for 30 minutes every day until we meet next?

Looking at your current time with God and the Face Time book, make a plan of action to develop your Face Times between now and the next time we meet.

Example:

- "I usually only read my Bible and tell God how I'm doing."
- "I'd like to practice doing all 4 steps (WPWP)."
- "I plan on getting up at 7 am every day and doing Face Time until 7:30."

CORE VALUES

Basic Lesson #3

Desired Outcome:

The disciple will get an introduction to Antioch's core values, assess how they already live by them, and identify specific values they want to develop through discipleship.

VISION FOR CORE VALUES:

The values we hold as a church serve as handrails that lead us toward unlocking the purposes of God in our city. Our values frame out how we choose to live "set apart" from the world as the Bride of Christ. These are shared values that play out individually and situationally.

*"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."
Romans 12:1-2*

As Christians our lives, and the values that shape our lives, should look different from the world, recognizably set apart, because we have been redeemed by Jesus and purposed for his Kingdom.

ASSESSMENT:

What values do you live by? What's important to you? What helps you make decisions?

CORE VALUES:

Let's check out Antioch's core values:
(As you read, talk about what you think about each value.)

Enduring Passion

We want to live with "A passion for Jesus and His purposes on the earth." Our value of Enduring Passion means we first and foremost pursue Jesus and intentionally keep our passion alive.

Selfless Love

We love without thought of selfish gain. It stopped being about us when we said "yes" to Jesus. We died to self so Jesus could love through us. We love both God and people this way. This is the heart of what it means to be a spiritual father or mother. We love sacrificially and in service to others.

Wholehearted Commitment

We commit to His purposes and to people he has placed around us. God set us in a family and we don't take that lightly. We are committed to the body. We're all in.

Courageous Generosity

Generosity is about giving. We give time, money, energy, and our lives. We give when it feels risky. We give with courage.

Intentional Empowerment

We want to develop, mature, encourage, strengthen, and release people into everything God has for them. "Intentional" speaks to the quality of how we do this. It's not something we just throw out there hoping that everything works out.

CHALLENGE:

What are practical ways to live out these values?
(E.g. Face Time, worship, service, discipleship, tithing, etc.)
What value or values stand out to you as areas you want to grow?
Are these values something you can give yourself to pursuing?
Choose one value to engage during discipleship times this season.

DBS

Basic Lesson #4

Desired Outcome:

The disciple will familiarize themselves with the Discovery Bible Study method and practice walking through a passage of scripture.

VISION FOR DISCOVERY BIBLE STUDY:

In a world full of competing ideas, we need to base our understanding of God on what he says about himself more than on our experiences, our own thoughts, or what other people say. We find this foundation in God's Word, the Bible.

Many times we fall short when trying to follow God. Where do we find out what God expects and how he expects us to live out following him? We find our faith back-bone in the Bible, God's written word to us! DBS equips us to understand the Word, to obey it, and to share it!

DBS is nothing new or revolutionary, it's just a simple collection of questions to help us understand the Word, apply the Word, and share the Word.

ASSESSMENT:

How comfortable do you feel with your ability to understand the Bible and apply it to your life?

DBS IN ACTION:

Discovery Bible Study begins with choosing a passage of Scripture. We read the passage out loud together and then pray and ask the Holy Spirit to help us understand it and apply it the way he wants!

Then we ask the 5 DBS Questions:

1. What does this passage say?

We want to make simple observations about the Word. At this step we're more focused on what the Bible says than on what it makes us think about our lives. If someone says something you didn't see, ask them to show you where in the passage that idea comes up.

2. What does this passage say about God?

If it hasn't come up yet in question #1, make sure you ask clearly how this passage shows us who God is and what he's like.

3. What does this passage say about people (or my relationships with people)?

If you haven't observed it yet, look for clues in the passage as to the way God sees us as individuals and as groups. Ask how the passage calls us toward God.

4. What do I obey?

When you read this passage, look for ways to practice responding to the truth about God and his view of people. This is where we experience transformation as we choose to do life God's way instead of our own way.

5. Who do I share this with?

When we read the Bible, we want to be conduits of God's heart. It's our desire to invite God to show us who needs to hear what he's been teaching us!

CHALLENGE:

Which DBS Questions feel easier or harder to respond to?

How will this process help you grow in your ability to respond to God's Word?

Practice the DBS Process with James 1:22-25.

DBS TOPICS

Bible passages relating to life issues

Living by the Word of God: *Deuteronomy 6:1-9*

WHO IS GOD?

The Father Heart of God: *Luke 15:11-32*

Jesus is the promised Savior: *Luke 24:13-35*

Jesus' victory: *Philippians 2:5-11*

God heals: *Mark 2:1-12*

Jesus defeats the works of the Devil: *Luke 8:26-39*

Jesus' work-life balance: *Mark 1:29-39*

Our emotional God: *John 11:1-44*

Jesus' victorious love: *Romans 8:31-39*

Who is the Holy Spirit? *John 14:15-31*

HOW DO I GIVE MY LIFE TO JESUS?

What is God's plan for me? *Romans 6:23*

How can I be saved? *Romans 10:7-11*

What does salvation look like? *Ephesians 2:1-9*

HOW DO I FOLLOW GOD?

How God calls us: *Luke 5:1-11*

Stewarding God's gifts: *Matthew 25:14-30*

Suffering: *1 Peter 1:3-9*

Walking in Faith: *Matthew 14:22-33*

What's God's will for my life? *Romans 12:1-8*

Walking in the calling God has given you: *Judges 6:1-40*

God has a purpose in the midst of my pain: *John 9*

How to pray: *Matthew 6:5-15*

Praying for our own needs: *Luke 18:1-8*

Praying for breakthrough: *Philippians 4:4-7*

Following God's purposes in the midst of suffering: *Acts 16:16-40*

Obedying God no matter the cost: *Genesis 22:1-19*

Trusting God in the unknown: *The Book of Ruth*

What's God's responsibility? What's mine? *Judges 7:1-25*

Living led by the Spirit of God: *Galatians 5:13-26*

Spiritual warfare: *Ephesians 6:10-20*

HOW DO I RELATE TO OTHERS?

What the Church looks like: *Acts 2:42-47*

Authority: *Romans 13:1-7*

Following God even when it feels like you're alone: *Daniel 6:1-24*

Following God when you're under bad authority: *1 Samuel 24:1-22*

Generosity: *Acts 4:32-37*

God meets me in the midst of family messes: *Genesis 21:1-21*

Learning to forgive: *Matthew 18:21-35*

Loving my enemies: *Luke 10:25-37*

Humility: *1 Peter 5:5-7*

Vulnerability: *Ephesians 5:1-14*

Selfless love: *Philippians 2:1-11*

Marriage: *Ephesians 5:21-33*

Parenting: *Hebrews 12:7-11*

HOW DO I RESPOND TO MY SIN PROBLEMS?

How God responds to my sin: *John 7:53-8:11*

What does repentance look like? *Luke 19:1-10*

How Jesus responds to repentance: *Luke 7:36-50*

Responding to temptation: *Matthew 3:13-4:11*

Dealing with sin issues: *Romans 8:1-17*

Looking for additional topics? Check out <http://openbible.info/topics>

DISCIPLESHIP KICK START

A Tool to Help Discipleship Thrive

The following assessment is a helpful tool for disciplers to know how to best serve their disciples. This is not an assessment of an individual's spiritual life so much as it is an assessment of what topics would be helpful to explore in discipleship. Where applicable, answer the following questions using this scale:

- 1 = Never True
- 2 = Occasionally True
- 3 = Usually True
- 4 = Always True

CORE VALUES QUESTIONS

Enduring Passion

- It is easy for me to receive God's love for me. 1 2 3 4
- I feel the Holy Spirit convicting me of sin and I know how to respond. 1 2 3 4
- When I feel stuck in my relationship with Jesus, I seek help from others. 1 2 3 4
- Hearing God is a normal part of my every day. 1 2 3 4

Describe your FaceTimes - include how often you meet with God, the length of time you spend, how your spend your time and if applicable, what you would change?

Selfless Love

- I often step outside my comfort zone to show God's love with words and actions to others. 1 2 3 4
- I consistently feel God leading me when I minister to others. 1 2 3 4
- I feel equipped to share the Gospel with others. 1 2 3 4
- I feel confident sharing the Gospel with others. 1 2 3 4
- I actively look for opprtunities to share the Gospel in my sphere of influence. 1 2 3 4
- I feel burdened for the lost in other nations. 1 2 3 4

These are the people in my sphere of influence (be as specific) as possible:

Courageous Generosity

- I give at least 10% (Biblical tithe) of my income to my church. 1 2 3 4
- I give to missions and other needs in my church community. 1 2 3 4
- I give to other ministries and organizations outside of my church community. 1 2 3 4
- I give even when I do not see how I will be provided for. 1 2 3 4
- I find joy in sacrificing my (circle all that apply) for others:
Money Possessions Time Energy

Describe what you would like generosity to look like in your life:

Discipleship Handbook

Wholehearted Commitment

- I attend Sunday service every week. 1 2 3 4
- I attend Life Group every week. 1 2 3 4
- I actively pursue relationships, support and connection with my Life Group. 1 2 3 4
- When life is hard, I press in to God. 1 2 3 4
- When life is hard, I press in to my church community. 1 2 3 4
- I feel equipped and confident in lovingly doing conflict with others. 1 2 3 4

If I get in conflict with someone, I tend to: (select all that apply)
 avoid the topic/person talk to others confront the person
 ask to meet pretend it does not bother me pray about it
 admit my own fault unfriend them on Facebook Other:

This is how I respond to correction (from God, leadership, and friends - indicate if there is a difference):

Intentional Empowerment

- I am interested in discipling others. 1 2 3 4
- I feel confident in discipling others. 1 2 3 4
- I love the way that God made me. 1 2 3 4
- I am excited for God's plans for my life. 1 2 3 4

Some of my spiritual gifts are:

I feel comfortable praying in the Holy Spirit. 1 2 3 4
 Areas that I feel I need to grow in using my gifts are:

Antioch Community Church

I currently serve in the church in these ways (circle all that apply):
 Kids Ministry Kids LG Worship Team Set-up/Teardown
 Inner Healing Staff Role Guest Ministry Team Tech Team
 Wilderness Ministry Life Group Leader Other:-----

I dream about serving the Lord in this way:

SPIRITUAL DISCIPLINE QUESTIONS

- I feel comfortable praying and pray regularly. 1 2 3 4
- I feel comfortable worshipping and worship regularly. 1 2 3 4
- I feel comfortable studying the Bible and study the Bible regularly. 1 2 3 4
- I feel comfortable fasting and fast regularly. 1 2 3 4
- I feel comfortable hearing God and hear Him regularly. 1 2 3 4

DISCIPLESHIP QUESTIONS

What made you decide to enter a discipleship relationship?

If you have been in discipleship previously, what did you like and what would you have changed about your experience?

What are you hoping to gain from discipleship in this season?

Share one or more topics you would like to explore in discipleship?

