

## **Psalm 23 (NLT)**

1 The Lord is my shepherd; I have all that I need.

2 He lets me rest in green meadows;  
he leads me beside peaceful streams.

3 He renews my strength.  
He guides me along right paths, bringing honor to his name.

4 Even when I walk through the darkest valley,  
I will not be afraid, for you are close beside me.  
Your rod and your staff protect and comfort me.

5 You prepare a feast for me in the presence of my enemies.  
You honor me by anointing my head with oil.  
My cup overflows with blessings.

6 Surely your goodness and unfailing love will pursue me all the days of my life,  
and I will live in the house of the Lord forever.

**1. What is one word or phrase the Holy Spirit impresses on you? In silence meditate on that.**

**2. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.**

**3. What is the Lord's personal invitation to you from the Scripture? You can write down what your Good Shepherd may be saying to you or a prayer of thanks. Or simply rest quietly in the Spirit's presence.**